



The Crisis Center exists to end domestic violence through advocacy, education, and prevention; while helping communities live free of violence.

PROGRAMS & SERVICES

All services are free of charge and offered on a non-discriminatory, inclusive basis. The Crisis Center serves all victims of domestic violence, regardless of their gender, age, race, sexuality or income level.

24-Hour Crisis Line: Crisis line calls are responded to by trained advocates and volunteers who offer crisis intervention and provide information, referrals and support.

Emergency Shelter: We have a seven-bed emergency shelter for adults and children fleeing domestic violence. While in shelter, clients receive assistance with daily essentials for living as well as therapy, legal advocacy, community advocacy and access to a wide array of other community resources.

Community Advocacy Program (CAP): CAP is an evidence-based, trauma-informed intervention where the client and advocate work together for up to ten weeks to achieve the client's desired goals. Advocates assist in developing safety plans, modeling behavior and utilizing the victim's natural resources. New clients, as well as clients currently receiving therapy, legal advocacy and/or shelter services are eligible to participate in CAP. At this time, the Crisis Center is the only agency in Colorado offering CAP.

Therapy: Master's level clinicians provide standard talk therapy as well as other innovative methodologies that aid in the overall healing of clients, including: Eye Movement Desensitization and Reprocessing (EMDR), Equine Assisted Psychotherapy, Animal Assisted Therapy, Sand Play Therapy, Child Nondirective Play Therapy and Group Therapy.

Legal Advocacy: Legal advocates provide general information about legal processes, including helping victims file for restraining or protection orders, assisting with immigration issues, providing support at hearings, and offering attorney and other referrals as needed.

Lethality Assessment Program (LAP): A partnership with Douglas County law enforcement, officers use an 11-question, evidence-based assessment to understand and respond effectively to the victim in a highly lethal relationship. While at a domestic violence call, the officer completes the assessment and based upon the victim's answers, immediately contacts a Crisis Center advocate. The victim may choose to speak with the advocate at that time for safety planning and resources. Follow up contact is provided by the Crisis Center to engage the victim in on-going services. This immediate intervention by police and the Crisis Center proves to have positive impact on victim safety and ultimately save lives.

DEVELOPMENT ACTIVITIES

The Crisis Center works diligently to maintain diversified funding sources; 83% of our funds go directly back to our programs and services.

Government Grants & Foundations: Approximately half of the agency's total funds come from federal, state and local government funders, which predominately funds direct service staff salaries. Foundation grants range in size and fund a variety of needs including general operating and program-specific requests. Relying too heavily on foundation funding creates challenges, including changes in the timing of receiving funds, changes in foundation focus and priorities, and lack of dispersible income to charitable organizations.

Individual & Corporate Donors: Cultivation of individual and corporate donors has yielded positive results in retention and additional dollars. Cumulatively from 2013 to 2016, we've seen a 38% increase in donors who give above \$500 and an 81% increase in dollars from those donors. Cultivation activities include one-on-one donor meetings, small group gatherings, donor experience events such as a private performance of *The Outrage* and Equine Assisted Psychotherapy mock therapy session.

Gala: With approximately 300 guests, this annual semi-formal event features a keynote speaker, silent and live auctions, paddle raiser giving, plated dinner and entertainment. Gross income historically exceeds \$140,000, with approximately half of that from individual cash giving.

Collaborative Events: The Crisis Center relies heavily on collaborative partners. These events, done by a third party on the agency's behalf, include the Tour de Ladies bike ride, Clays For Kids clay shooting event, Shopping Extravaganza, several golf tournaments, restaurant give-back nights, etc. While Crisis Center staff attend several of these events, we have minimal involvement in the planning and spend little-to-no money on expenses.

Social Enterprise: After completing an 18-month program with the Social Enterprise Exchange, a for-profit business was launched. Governed by a five-person Board of Directors, Silver Sentry Solutions, Inc., will provide daily money management services to senior citizens and their loved ones. As the only stakeholder, the Crisis Center will gain a financial benefit in unrestricted and sustainable dollars from a portion of the revenue generated by this business.

Outreach/Education/Prevention Activities: Partnership with Douglas County High Schools enables the Crisis Center to implement several prevention activities including *The Outrage*, a dramatic presentation by-teens for-teens on the effects of teen dating violence, and programs with high school sports teams. Memberships in Chambers of Commerce have opened doors to additional contacts and opportunities for outreach.

Your Donation Making A Difference

The following breakdown depicts a day, a week, a month of receiving services at the Crisis Center.

All services offered are free to clients, but even more important than that is the

pricelessness of client safety and saving someone's life.

On behalf of those we serve, we thank you for your support and generosity.



\$88

The cost of one night of **safe shelter** for one person; includes daily essentials, food, therapy and advocacy. The Crisis Center provides **3,500 nights** of emergency shelter each year.

Shelter alone for one person costs \$1,525 for 30 days. In today's market, this is what one individual with two children would pay and need to make in order to have the same services they receive from the Crisis Center, for free:

An adult would have to make at least \$29/hour to cover these expenses each month. **The majority of our clients make less than \$15/hour.**

- Rent: \$1,500
- Utilities: \$200
- Food: \$500
- Daycare: \$2,000
- Therapy (per person): \$900
- Legal services: \$2,000
- **TOTAL: \$7,100 per month**



\$137

The cost of one **therapy session** for one client. The Crisis Center provides **over 3,500 therapy sessions** each year, including individual, group, family, and Equine Assisted Psychotherapy by Master's level clinicians. All sessions are free for clients and do not have a limited number of sessions. A person paying for therapy in today's market would pay more than \$8,000 per year for the same level of service the Crisis Center provides.



\$65

The cost of one month of **legal advocacy** for one client; includes assistance with protection orders, custody and court support. The Crisis Center provides **600 legal contacts** each year. Outside of the Crisis Center, if a client had to hire an attorney for only a protection order, the cost would be at least \$1,5000.



\$22

The cost to operate the **24-hour crisis line** for one day. The Crisis Center responds to over **2,500 crisis, information and referral calls** annually.



\$9

The cost to **educate or train** one person on the effects of domestic violence. The Crisis Center reaches nearly **6,500 individuals** through outreach, events and presentations annually.

\$1.5 million

The annual total cost for the Crisis Center to serve victims of domestic violence in our community.

9,300

Individuals served by the Crisis Center annually. All services are free of charge to the client.

\$8 million

The amount saved to the community annually in public support services, mental health, food and daily essentials for living that would otherwise cost the individual tax payer.